Gates of Prayer

for Weekdays and at a House of Mourning

תפלות לחול ובבית האבל

A Gender Sensitive Prayerbook

Chaim Stern, Editor

"And after the fire, a still, small voice." (I Kings 19)

You give meaning to our days, to our struggles and strivings. In the stillness of the night and in the press of the crowd, Yours is the voice within that brings joy and peace.

We do not ask for a life of ease, for happiness without alloy. We ask only to be uncomplaining and unafraid. In our darkness be our light, and in our loneliness help us discover the many souls akin to our own. Give us strength to face life with courage, to draw blessing even from its discords and conflicts. Make us understand that life calls us not merely to enjoy the richness of the earth, but to exult in heights gained after the toil of climbing.

Let our darkness be dispelled by Your love, that we may rise above fear and failure, our steps sustained by faith. You give meaning to our days; You are our support and our trust.

All rise

The Sh'ma and Its Blessings שמע וברכותיה

בַּרְכוּ אֶת־יְיָ הַמְבֹרְרְיִ

Praise the One to whom praise is due!

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וְעֶדוּ

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

Praised be the One to whom praise is due, now and for ever!

CREATION

מעריב ערבים

בָּרוּךְ אַתָּה יִיּ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בִּדְבָרוֹ מַעֲרִיב עֲרָבִים, בְּחָכְמָה פּוֹתִחַ שְׁעָרִים, וּבִתְבוּנָה מְשַׁנֶּה עִתִּים, וּמַחֲלִיף אֶת־הַוְּמֵנִים, וּמְסַדֵּר אֶת־הַכּּוֹכָבִים בִּמִשִׁמִרוֹתֵיהֵם בָּרָקִיעַ כִּרְצוֹנוֹ.

בּוֹרֵא יוֹם וָלֵיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁךְ וְחְשֶׁךְ מִפְּנֵי אוֹר, וּמַעֲבִיר יוֹם וּמֵבִיא לָיְלָה, וּמַבְדִּיל בִּין יוֹם וּבִין לְיִלֶה, יְיָ צְבָאוֹת שְׁמוֹ. אֵל חַי וְקַיָם, תָּמִיד יִמְלוֹךְ עָלֵינוּ, לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְיָ, הַמַּעֵרִיב עַרְבִים.

Praised be our Eternal God, Ruler of the universe, whose word brings on the evening, whose wisdom opens heaven's gates, whose understanding makes the ages pass and the seasons alternate, and whose will controls the stars as they travel through the skies.

You are Creator of day and night, rolling light away from darkness, and darkness from light; You cause day to pass and bring on the night; separating day from night; You command the Hosts of Heaven! May the living and eternal God rule us always, to the end of time! We praise You, Eternal One, whose word makes evening fall.

REVELATION

אהבת עולם

אָהַבָת עוֹלָם בֵּית יִשְׂרָאֵל עַמְּךּ אָהַבְּתָּ. תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמְַּרְתָּ.

עַל־בֵּן, יְיָ אֱלֹהֵינוּ, בְּשֶׁכְבֵּנוּ וּבְקוּמֵנוּ נְשִׂיחַ בְּחֻקֶּיךּ, וְנִשִׂמַח בִּדִבְרֵי תוֹרָתִךּ וּבִמְצִוֹתֵיךּ לְעוֹלֶם וְעֵד.

בִּי הֵם חַיֵּיְנוּ וְאְרֶךְ יָמִינוּ, וּבְהֶם נֶהְגֶּה יוֹמָם וְלֶיְלָה. וִאַהַבָתִךְ אַל־תַּסוּר מִמֵּנוּ לְעוֹלַמִים!

בָּרוּךְ אַתָּה יִיָּ, אוֹהֵב עַמוֹ יִשְׂרָאֵל.

Unending is Your love for Your people, the House of Israel: Torah and Mitzvot, laws and precepts have You taught us.

Therefore, O God, when we lie down and when we rise up, we will meditate on Your laws and rejoice in Your Torah and Mitzvot for ever.

Day and night we will reflect on them, for they are our life and the length of our days. Then Your love shall never depart from our hearts! We praise You, Eternal One, who love Your people Israel.

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שַׁמַע יִשְרָאֵל: יהוה אֱלֹהֵינו יהוה אֶחַר!

Sh'ma Yis-ra-eil: Adonai Eh-lo-hei-nu, Adonai Eh-chad!

Hear, O Israel: the Eternal One is our God, the Eternal God alone!

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶדוּ

Ba-ruch sheim k'vod mal-chu-toh l'o-lam va-ed!

Blessed is God's glorious majesty for ever and ever!

All are seated

וְאָהַבְּהָּ אֵת יְהֹנֶה אֱלֹהֶיִּךְּ בְּכָל ּלְבֶבְךְּ וּבְכָל־נַפְּשְׁךְּ וּבְכָל־מְאֹרֶף: וְהִיוּ הַדְּבָרִים הָאֵלֶה אֲשֶׁר אָנֹכְי מְצַוְּךְּ הַיִּוֹם עַל־לְבָבֶּך: וְשִׁנִּנְתָּם לְבָנֶיךְ וְדִבַּרְתָּ בָּם בְּשִׁבְתְּךְ בְּבִיתֶךְ וּבְלֶּכְתְּךְ וּבְשֶׁכְבְּךְ וּבְשֶׁכְבְּךְ וּבְקוּמֵך: וּכְתַבְתָּם לְאוֹת עַל־יְדֶךְ וְהִיִּוּ לְטְטָפִת בֵּין עִינֵיף: וּכְתַבְתָּם עַל־מְזוּזֹת בֵּיתֶךְ וּבִשְׁעָרֶיף:

V'a-hav-ta et Adonai eh-lo-heh-cha b'chol l'va-v'cha u-v'chol naf-sh'cha u-v'chol m'o-deh-cha. V'ha-yu ha-d'va-rim ha-ei-leh a-sher a-no-chi m'tza-v'cha ha-yom al l'va-veh-cha. V'shi-nan-tam l'va-neh-cha v'di-bar-ta bam b'shiv-t'cha b'vei-teh-cha u-v'lech-t'cha va-deh-rech u-v'shoch-b'cha u-v'ku-meh-cha. U-k'shar-tam l'oht al ya-deh-cha v'ha-yu l'toh-ta-foht bein ei-neh-cha; u-ch'tav-tam al m'zu-zoht bei-teh-cha u-vi-sh'a-reh-cha.

You shall love the Eternal One, your God, with all your heart, with all your mind, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

לְמַעַן תּזְכְּרוּ וַעֲשִּׁיתֶם אֶת־כָּל־מִצְוֹתֵי וְהְיִיתֶם קְדשִׁים לֵאלְהִיכֶם: אֲנִׁי יְהוָהָ אֱלְהִיכֶּם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לְהְיִוֹת לָכֶם לֵאלֹהִים אֲנִי יְהוָה אֱלְהִיכֵם:

L'ma-an tiz-k'ru va-a-si-tem et kol mitz-vo-tai, vi-h'yi-tem k'doh-shim lei-lo-hei-chem. A-ni Adonai eh-lo-hei-chem a-sher ho-tzei-ti et-chem mei-eh-retz mitz-ra-yim li-h'yoht la-chem lei-lo-him. A-ni Adonai eh-lo-hei-chem.

Be mindful of all My Mitzvot, and do them: so shall you consecrate yourselves to your God. I am your Eternal God who led you out of Egypt to be your God; I am your Eternal God.

REDEMPTION גאולה

אֱמֶת וֶאֱמוּנָה כָּל־זֹאת, וְקָיֶם עָלֵינוּ כִּי הוּא יִי אֱלֹהֵינוּ וְאֵין זוּלָתוֹ, וַאֲנַחְנוּ יִשְׂרָאֵל עַמוֹ. הַפּּוֹבנוּ מִיַּד מְלְכִים, מַלְכֵּנוּ הַגּוֹאֲלֵנוּ מִכַּף כָּל־הֶעָרִיצִים.

הָעֹשֶׂה גְּדֹלוֹת עַד אֵין חֲקֶר, וְנִפְּלָאוֹת עַד־אֵין מִסְפָּר.
הַשְּׁם נַפְשׁנְנוּ בַּחַיִּים, וְלֹא־נָתַן לַמּוֹט רַגְלֵנוּ.
הָעְשֶׂה לֶנוּ נִסִּים בְּפַרְעֹה, אוֹתוֹת וּמוֹפְתִים בְּאַדְמַת
בְּנִי חָם. וַיּוֹצֵא אֶת־עַמּוֹ יִשְׂרָאֵל מִתּוֹכָם לְחֵרוּת עוֹלָם.
וְרָאוּ בָנָיו וּבְנוֹתִיו גְּבוּרְתוּ; שִׁבְּחוּ וְהוֹדוּ לִשְׁמוֹ.
וּמַלְכוּתוֹ בְּרָצוֹן קִבְּלוּ עֲלֵיהֶם. מֹשֶׁה וּמִרְיָם וּבְנֵי
יִשְׂרָאֵל לְךְּ עָנוּ שִׁיִרָה בְּשִׂמְחָה רַבָּה, וְאָמְרוּ כֻלָּם:

All this we hold to be true and sure; You alone are our God; there is none else, and we are Israel Your people.

You are our Sovereign: You deliver us from the hand of oppressors, and save us from the fist of tyrants,

You do wonders without number, marvels that pass our understanding.

You give us our life; by Your help we survive all who seek our destruction.

You did wonders for us in the land of Egypt, miracles and marvels in the land of Pharaoh,

You led Your people Israel out, forever to serve You in freedom.

When Your children witnessed Your power, they extolled You and gave You thanks; willingly they enthroned You; and, full of joy, Moses, Miriam, and all Israel sang this song:

מִי־כָמְכָה בָּאֵלִם, יהוה? מִי כָּמְכָה, נֶאְדָּר בַּקְּדֶשׁ, נוֹרָא תְהִלֹּת, עְשֵׁה פֶּלֶא? מַלְכוּתְךְּ רָאוּ בָנֶיךְ, בּוֹקֵעַ יָם לִפְנֵי משֶׁה; זֶה אֵלִי! עָנוּ וְאָמֶרוּ: יהוה יִמְלֹךְ לְעֹלָם וְעֶר!

וְנֶאֲמֵר: כִּי פָּדָה יְיָ אֶת־יַעֲקֹב, וּגְאָלוֹ מיַּד חָזָק מִמֶּנוּ. בָּרוּךְ אַתָּה יְיָ, גָאַל יִשְׂרָאֵל.

Mi cha-mo-cha ba-ei-lim, Adonai? Mi ka-mo-cha, neh-dar ba-ko-desh, no-ra t'hi-loht, o-sei feh-leh?

Mal-chu-t'cha ra-u va-neh-cha, bo-kei-a yam lif-nei Mo-sheh; zeh ei-li! a-nu v'am-ru: Adonai yim-loch l'o-lam va-ed.

V'neh-eh-mar: Ki fa-da Adonai et Ya-a-kov, u-g'a-lo mi-yad cha-zak mi-meh-nu. Ba-ruch a-ta Adonai, ga-al Yis-ra-eil.

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

In their escape from the sea, Your children saw Your sovereign might displayed. "This is my God!" they cried. "The Eternal will reign for ever and ever!"

And it has been said: The Eternal One delivered Jacob, and redeemed us from the hand of one stronger than ourselves. We praise You, Eternal One, Redeemer of Israel.

DIVINE PROVIDENCE

השכיבנו

הַשְּבִּיבֵנוּ, יִיְ אֱלֹהִינוּ, לְשָׁלוֹם, וְהַעֲמִיבֵנוּ, מַלְבֵּנוּ, לְחַיִּים.
וּפְרוֹשׁ עָלֵינוּ סֻבַּת שְׁלוֹמֶךּ, וְתַקְּנֵנוּ בְּעֵצְה טוֹבָה מִלְּפָנֵיךּ,
וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶךּ, וְהָגֵן בַּעֲדֵנוּ. וְהָסֵר מֵעָלִינוּ אוֹיֵב,
בֶּבֶר וְחֲרֶב וְרָעָב וְיָגוֹן; וְהָסֵר שְׂטָן מִלְּפָנֵינוּ וּמֵאַחֲרֵינוּ,
וּבְצֵל בְּנְפֵיךּ תַּסְתִירֵנוּ, כִּי אֵל שׁוֹמְרֵנוּ וּמַצִּילֵנוּ אָתָה,
כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אֶתָּה. וּשְׁמוֹר צֵאתֵנוּ
וּבוֹאֵנוּ לְחַיִּים וּלְשָׁלוֹם, מֵעַתָּה וְעַד עוֹלְם.

ּבָרוּךְ אַהָּה יְיָ, שוֹמֵר עַמּוֹ יִשְׂרָאֵל לָעַד.

Grant that we may lie down in peace, Eternal God, and raise us up, O Sovereign, to life renewed. Spread over us the shelter of Your peace; guide us with Your good counsel; and for Your name's sake, be our Help.

Shield us from hatred and plague; keep us from war and famine and anguish; subdue our inclination to evil. O God,

our Guardian and Helper, our gracious and merciful Ruler, give us refuge in the shadow of Your wings. O guard our coming and our going, that now and always we have life and peace.

We praise You, Eternal One, the Guardian of Israel.

All rise

READER'S KADDISH

חצי קדיש

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא בְּעָלְמָא דִי בְּרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכֶל־בֵּית יִשְׂרָאֵל, בַּעְגָלָא וּבִוְמַן קָרִיב, וְאִמְרוּ: אָמֵן.

יָהַא שְמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיָא.

יִתְבָּרַךְּ וְיִשְׁתַּבַּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדִּר וְיִתְעַלֶּה וְיִתְהַלֵּל שְׁמֵה דְּקוּדְשָׁא, בְּרִיךְ הוּא, לְעֵלָּא מִן־כָּל־בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֵחֲמָתָא דַאֲמִירָן בְּעָלְמָא, וְאִמְרוּ: אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba b'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei b'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u-viz-man ka-riv, v'im'ru: A-mein.

Y'hei sh'mei ra-ba m'va-rach l'a-lam u-l'al-mei al-ma-ya.

Yit-ba-rach v'yish-ta-bach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei, v'yit-ha-dar, v'yit-a-leh, v'yit-ha-lal sh'mei d'kud'sha, b'rich hu, l'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'neh-cheh-ma-ta da-a-miran b'al-ma, v'im'ru: A-mein.

Let the glory of God be extolled, and God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's great name be blessed for ever and ever.

Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honour, and exalt. And let us say: Amen.

The Prayer תפילה

אַדנַי, שִּׁפָתֵי תִּפְּתָח, וּפִי יָנִיד תְּהַלְּתֶךּ.

Adonai, open my lips, that my mouth may declare Your glory.

GOD OF ALL GENERATIONS

אבות ואמהות

בְּרוּךְ אַּתָּה יִי, אֱלֹהִינוּ וֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתִינוּ: אֱלֹהֵי אַבְּרָהָם , אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֲקֹב, אֱלֹהֵי שָּׁרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי רָחֵל, וֵאלֹהֵי לֵאָה. הָאֵל הַנְּדוֹל הַנְּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אָבוֹת וְאִכָּהוֹת, וּמֵבִיא גִאָּלָה לִבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ, בְּאַהֲכָה.

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD:

זְכְרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָחֲבֵנוּ בְּסֵפֶּר הַחַיִּים, לְמַעַנְךְ אֱלֹהִים חַיִּים.

בֶּלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן. בָּרוּךְ אַתָּה יָיָ, מָגֵן אַבְרָהָם וְעָזְרַת שָּׂרָה.

Baruch ata Adonai, Eloheinu velohei avoteinu v'imoteinu: Elohei Avraham, Elohei Yitzchak, velohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Rachel, velohei Le'ah; ha'eil hagadol, hagibor v'hanora, Eil elyon. Gomeil chasadim tovim, v'konei hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD: Zochreinu l'chayim, melech chafeitz bachayim, v'chotveinu b'seifer hachayim, l'ma'ancha Elohim chayim.

Melech ozeir umoshi'a umagein. Baruch ata Adonai, magein Avraham v'ezrat Sarah.

Praised be our God, the God of our fathers and our mothers: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebekah, God of Rachel and God of Leah; great, mighty, and awesome God, God supreme.

Ruler of all the living, Your ways are ways of love. You remember the faithfulness of our ancestors, and in love bring redemption to their children's children for the sake of Your name.

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD: Remember us unto life, Sovereign who delights in life, and inscribe us in the Book of Life, that Your will may prevail, O God of life.

You are our Sovereign and our Help, our Redeemer and our Shield. We praise You, Eternal One, Shield of Abraham, Protector of Sarah.

אַהָּה גָּבּוֹר לְעוֹלָם, אֲדֹנִי, מְחֵיֵה מֵתִים אַהָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים בְּחֶפֶּר, מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים. מוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְלֵים אֱמוּנְתוֹ לִישִׁנִי עָפָּר. מִי כְמוֹךְ בַּעַל נְּבוּרוֹת, וֹמִי דְּוֹמֶה לָּךְ, מֶלֶךְ מֵמִית וּמְחֵיֶה וּמַצְמִיחַ יְשׁוּעָה?

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD: מִי כְמוֹךְ אֵל הָרַחֲמִים זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים?

> וְנֶאֱמָן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּך אַתָּה יְיָ, מְחַיֵּה מֵתִים.

Ata gibor l'olam Adonai, m'chayei meitim ata, rav l'hoshi'a. M'chalkeil chayim b'chesed, m'chayei meitim b'rachamim rabim. Someich noflim, v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot, umi domeh lach, melech meimit um'chayei umatsmiyach y'shu'ah?

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD: Mi chamocha Eil harachamim, zocheir y'tsurav l'chayim b'rachamim?

V'ne'eman ata l'hachayot meitim. Baruch ata Adonai, m'chayei hameitim.

Eternal is Your might, O God; all life is Your gift; great is Your power to save!

With love You sustain the living, with great compassion give life to all. You send help to the falling and healing to the sick; You bring freedom to the captive and keep faith with those who sleep in the dust.

Who is like You, Mighty One? Who is Your equal, Author of life and death, Source of Salvation?

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD:

Who is like You, Source of mercy?
In compassion You sustain the life of Your children.

We praise You, Eternal God, the Source of life.

THE HOLINESS OF GOD

קדושת השם

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ, וּקְדוֹשִׁים בְּכֶל־יוֹם יְהַלְּלְּוּךְ פֶּלָה. *בַּרוּךְ אַתָּה יְיָ, הָאֵל הַקָּדוֹשׁ.

*BETWEEN ROSH HASHANAH AND YOM KIPPUR CONCLUDE: בַּרוּך אַתָּה יָיָ, הַמֶּלֶךְ הַקְּדוֹשׁ.

You are holy, Your name is holy, and those who strive to be holy declare Your glory day by day.

*We praise You, Eternal One, the holy God.

*BETWEEN ROSH HASHANAH AND YOM KIPPUR CONCLUDE: We praise You, Eternal One: You rule in holiness.

All are seated

(The Intermediate Benedictions, through page 30, may be recited silently.)

WISDOM

בינה

אַתָּה חוֹגַן לְאָרָם דַעַת וּמְלַמֵּר לֶאֲנוֹשׁ בִּינָה. חָגֵּנוּ מֵאִתְּהְ דֵּעָה, בִּינָה וְהַשְׂכֵּל. בָּרוּךְ אַתָּה יְיָ, חוֹגַן הַדְּעַת.

BY YOUR GRACE we have the power to gain knowledge and to learn wisdom. Favor us with knowledge, wisdom, and insight, for You are their Source.

We praise You, Eternal One, gracious Giver of knowledge.

REPENTANCE

תשובה

ְהַשִּׁיבֵנוּ אָבִינוּ לְתוֹרָתֶךּ, וְקָרְבֵנוּ מַלְבֵנוּ לַעֲבוֹדְתֶךּ, וְקָרְבֵנוּ מַלְבֵנוּ לַעֲבוֹדְתֶךּ, וְהַחְוִירֵנוּ בִּתְשׁוּבָה שְׁלֵמָה לְפָנֵיךְ. בָּרוּךְ אַתָּה וְיָ, הָרוֹצֵה בִּתְשׁוּבָה.

HELP US, our Creator, to return to Your Teaching; draw us near, our Sovereign, to Your service; and bring us back into Your presence in perfect repentance.

We praise You, Eternal One, who delight in repentance.

FORGIVENESS

סליחה

סְלַח־לֶנוּ אָבִינוּ כִּי חָטָאנוּ, מְחַל־לֶנוּ מַלְבֵּנוּ כִּי פָּשְׁעְנוּ, כִּי מוֹחֵל וְסוֹלְחַ אָתָּה. בָּרוּךְ אַתָּה יְיָ, חַנּוּן הַמַּרְבֶּה לִסְלְוֹחַ.

FORGIVE US, our Creator, when we sin; pardon us, our Sovereign, when we transgress; for You are eager to forgive.

We praise You, Eternal One, gracious and quick to forgive.

REDEMPTION

גאולה

רְאֵה בְעָנְיֵנוּ וְרִיבָה רִיבֵנוּ, וּגְאָלֵנוּ מְהֵרָה לְמַעַן שְׁמֶּךּ, בִּי גוֹאֵל חָזָק אָתָה. בָּרוּךְ אַתָּה יְיָ, גּוֹאֵל יִשְׂרָאֵל.

LOOK UPON OUR AFFLICTION and help us in our need; O mighty Redeemer, redeem us speedily for Your name's sake.

We praise You, Eternal One, Redeemer of Israel.

HEALTH

רפואה

רְפָּאֵנוּ יְיָ וְנַרְפֵּא, הוֹשִׁיעֵנוּ וְנִנְּשִׁעָה, וְהַעֲלֵה רְפּוּאָה שִׁלֵּמָה לְכָל־מַכּוֹתִינוּ. בָּרוּךְ אַתָּה יְיָ, רוֹפֵא הַחוֹלִים.

COMPASSIONATE SOURCE OF HEALING, heal us, and we shall be healed; save us, and we shall be saved; grant us a perfect healing for all our infirmities.

(A personal prayer for one who is ill may be added here.)
We praise You, Eternal One, Healer of the sick.

ABUNDANCE

ברכת השים

בָּרֵךְ עָלֵינוּ, יְיָ אֱלֹהֵינוּ, אֶת־הַשָּׁנָה הַוֹּאת וְאֶת־בָּל־מִינֵי תְבוּאָתָה לְטוֹבָה. וְתֵן בְּרָכָה עַל־פְּנֵי הָאֲדָמָה וְשַׂבְּעֵנוּ מִטוּבֶךְ. בָּרוּךְ אַתָּה יְיָ, מְבָרֵךְ הַשָּׁנִים.

BLESS THIS YEAR for us, Eternal God: may its produce bring us well-being. Bestow Your blessing on the earth that all Your children may share its abundance in peace.

We praise You, Eternal One, for You bless earth's seasons from year to year.

FREEDOM

חרות

ּתְּקַע בְּשׁוֹפָר גָּדוֹל לְחֵרוּתֵנוּ, וְשָׂא נֵס לִפְדּוֹת עֲשׁוּקֵינוּ, וְקוֹל דְּרוֹר יִשָּׁמַע בְּאַרְבַּע כַּנְפּוֹת הָאָרֶץ. בָּרוּךְ אַתָּה יְיָ, פּוֹדֶה עֲשׁוּקִים.

SOUND THE GREAT SHOFAR to proclaim freedom, raise high the banner of liberation for the oppressed, and let the song of liberty be heard in the four corners of the earth.

We praise You, Eternal One, Redeemer of the oppressed.

JUSTICE

משפט

על שוֹפְטֵי אֶבֶץ שְׁפּוֹךְ רוּחֶךְ, וְהַדְרִיכֵם בְּמִשְׁפְּטֵי צִּדְקֶךְ, וֹמְלוֹךְ עָלֵינוּ אַתָּה לְבַדֶּךְ, בְּחֶטֶד וּבְרַחֲמִים. בָּרוּךְ אַתָּה יְיָ, מֱלֶךְ אוֹהֵב צְדָקָה וּמִשְׁפָּט.

BESTOW YOUR SPIRIT upon the rulers of all lands; guide them, that they may govern justly. Then shall love and compassion be enthroned among us.

We praise You, Eternal One, the Sovereign God who loves righteousness and justice.

ON EVIL

על הרשעה

וְלָרִשְׁעָה עַל־הְּהִי תִקְּנָה, וְהַתּוֹעִים אֵלֶיךּ יְשִׁוּבוּ, וּמֵלְכוּת זְדוֹן מְהֵרָה תִּשָּׁבֵר. תַּקֵן מַלְכוּתְךּ בְּתוֹכֵינוּ, בְּקָרוֹב בְּיָמֵינוּ לְעוֹלָם וָעֶד. בָּרוּך אַתָּה יְיָ, הַמֵּשְׁבִּית רֶשַׁע מִן־הָאָרֶץ.

LET THE REIGN OF EVIL afflict us no more. May every errant heart find its way back to You. O help us to shatter the dominion of arrogance, to raise up a better world, where virtue will ennoble the life of Your children.

We praise You, Eternal One, whose will it is that evil vanish from the earth.

THE RIGHTEOUS

על הצדיקים

עַל־הַצַּדִּיקִים וְעַל־הַחֲסִידִים וְעַל גַּרֵי הַצֶּדֶק וְעָלֵינוּ יֶהֲמוּ רַחֲמִיךּ, יְיָ אֱלֹהִינוּ, וְתֵן שָׂכָר טוֹב לְכֹל הַבּּוֹטְחִים בְּשִׁמְךּ בַּחְבֶּינוּ, וְתֵן שָׂכָר טוֹב לְכֹל הַבּּוֹטְחִים בְּשִׁמְךּ בָּאַמְרּ בְּאָמָת, וְשִׂים חֶלְקֵנוּ עִמְּהֶם לְעוֹלָם. בָּרוּךְ אַתָּה יְיָ, מִשְׁעָן וּמִבְטָח לַצַּדִּיקִים.

FOR THE RIGHTEOUS AND FAITHFUL of all humankind, for all who join themselves to our people, for all who put their trust in You, and for all honest men and women, we ask Your favor, Eternal God. Grant that we may always be numbered among them.

We praise You, Eternal One, Staff and Support of the righteous.

JERUSALEM

בונה ירושלים

שְׁכוֹן, יְיָ אֱלֹהֵינוּ, בְּתוֹךּ יְרוּשָׁלֵיִם עִירֶךּ, וִיהִי שָׁלוֹם בִּשְׁעֶרֶיהָ, וְשַׁלְּוָה בְּלֵב יוֹשְׁבֶיהָ, וְתוֹרְתְךּ מִצִּיּוֹן תֵּצֵא, בִּשְׁעֶרֶיהָ, וְשַׁלְּוָה בְּלֵב יוֹשְׁבֶיהָ, וְתוֹרְתְךּ מִצִּיּוֹן תֵּצֵא, וּדְבַרְךּ מִירוּשָׁלָיִם. בָּרוּךְ אַתָּה יְיָ, בּוֹנֶה יְרוּשָׁלָיִם.

LET YOUR PRESENCE be manifest in Jerusalem, Your city. Establish peace in her gates and quietness in the hearts of all who dwell there. Let Your Torah go forth from Zion, Your word from Jerusalem.

We praise You, Eternal One, Builder of Jerusalem.

DELIVERANCE

ישועה

אֶת־צֶמַח צְדָקָה מְהֵרָה תַצְמִיחַ, וְקֶרֶן יְשׁוּעָה תָּרוּם כִּנְאָמֶךּ, כִּי לִישׁוּעָתְרָ קוּיִנוּ כָּל־הַיּוֹם. בָּרוּךְ אַתָּה יִיָּ, מַצְמִיחַ קֶּרֶן יְשׁוּעָה.

LET THE PLANT OF RIGHTEOUSNESS blossom and flourish, and let the light of deliverance shine forth according to Your word: we await Your deliverance all the day.

We praise You, Eternal One, who will cause the light of deliverance to dawn for all the world.

PRAYER

שומע תפלה

שְׁמֵע קּוֹבֵּנְוּ, יְיָ אֱלֹהִינוּ, חוּס וְרַחֵם עָבִּינוּ, וּתְקַבֵּל בְּרַחֲמִים וּבְּרָצוֹן אֶת־הְפִּלָּתְנוּ, כִּי אֵל שׁוֹמֵעַ הְפִּלּוֹת וְתַחֲנוּנִים אָתָּה. בָּרוּךְ אַתָּה יְיָ, שׁוֹמֵעַ הְפִּלָּה.

HEAR OUR VOICE, ETERNAL GOD; have compassion upon us, and accept our prayer with favor and mercy, for You are a God who hears prayer and supplication.

We praise You, Eternal One, who hearkens to prayer.

WORSHIP

עבודה

רְצֵה, יְיָ אֱלֹהֵינוּ, בְּעַמְּךּ יִשְׂרָאֵל, וּתְפִּלְּתָם בְּאַהֲכָה תְקַבֵּבל, וּתְהִי לְּרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךּ. אֵל קרוֹב לְכָל־קֹרְאָיוּ, פְּנֵה אֶל עֲבָדֶיךּ וְחָנֵנוּ; שְׁפוֹךְ רוּחֲךּ עָלִינוּ, וְתָחֲזֶינָה עֵינֵינוּ בְּשׁוּבְךְּ לְצִיּוֹן בְּרַחֲמִים. בָּרוּךְ אַתָּה יִיָּ, הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן.

Be gracious, Eternal God, to Your people Israel, and receive our prayers with love. O may our worship always be acceptable to You.

Fill us with the knowledge that You are near to all who seek You in truth. Let our eyes behold Your presence in our midst and in the midst of our people in Zion. We praise You, Eternal One, whose presence gives life to Zion and all Israel.

ON ROSH CHODESH AND CHOL HAMO-EID:

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתִינוּ, יַעֲלֶה וְיָבֹא וְיִזְבֵר זִכְרוֹנֵנוּ וזִכְרוֹן כָּל־עַמְּךּ בֵּית יִשְׂרָאֵל לְפָנֵיךּ לְטוֹבָה לָחֵן לִחֵסֵד וּלְרַחֲמִים, לְחַיִּים וּלְשָׁלוֹם בְּיוֹם

Our God, God of our fathers and our mothers, be mindful of Your people Israel on this

• first day of the new month, בּחֶרֶשׁ הַזֶּה.

• day of Pesach, תוֹג הַמַּצוֹת הַזֶּה. • חַג הַמַּצוֹת הַזֶּה.

זַכְרֵנוּ, יִי אֵלֹהֵינוּ, בּוֹ לְטוֹבָה. אַמֵן.

וּפָקְדֵנוּ בוֹ לִבְרָכָה. אָמֵן.

ּוְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. אַמֵן.

and renew in us love and compassion, goodness, life, and peace.

This day remember us for well-being. Amen.

This day bless us with Your nearness. Amen.

This day help us to lead a full life. Amen.

THANKSGIVING

הודאה

מוֹדִים אֲנַחְנוּ לָךְ, שָׁאַתָּה הוּא יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתִינוּ לְעוֹלָם וָעֶד. צוּר חַיֵּינוּ, מָגן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר. נוֹדֶה לְּךּ וּנְסַפֵּר תְּהַלֶּתֶךְ, עַל־חַיֵּינוּ הַפְּקוּדוֹת לָךְ, חַיֵּינוּ הַפְּסוּרִים בְּיָדֶךְ, וְעַל־נִשְׁמוֹתִינוּ הַפְּקוּדוֹת לָךְ, וְעַל־נִפֵּיךְ שֶׁבְּכָל־יוֹם עַמָּנוּ, וְעַל־נִפְּלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שְׁבְּכָל־עֵת, עֶרֶב וָבְקֶר וְצְהָרְיִם. הַטוֹב: כִּי לֹא־כָלוּ הַחֲמֶיךְ, וְהַמְרַחֵם: כִּי־לֹא תַמּוּ חֲסָדֶיךְ, מֵעוֹלָם קִּוְינוּ לְרָר. וְעַל כָּלָם יִתְבָּרַךְ וְיִתְרוֹמֵם שִׁמְךּ, מַלְבֵּנוּ, תָּמִיד לְעוֹלָם וַעֵּד.

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD:

וּכְתוֹב לְחַיִּים טוֹבִים כָּל־בָּנֵי בִרִיתֵך.

וְכֹל הַחַיִּים יוֹרְוּךּ פֶּלָה, וִיהַלְלוּ אֶת שִׁמְךּ בֶּאֲמֶת, הָאֵל יְשׁוּעָתִנוּ וְעֶזְרָתִנוּ סֶלָה. בָּרוּךְ אַתָּה יִי, הַטוֹב שִׁמְךּ וּלִךְ נָאֵה לְהוֹדוֹת.

We gratefully acknowledge that You are our God and the God of our people, the God of all the generations. You are the Rock of our life, the Power that shields us in every age. We thank You and sing Your praises: for our lives, which are in Your hand; for our souls, which are in Your keeping; for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times, morning, noon, and night. You are Goodness: Your mercies never end; You are Compassion: Your love will never fail. You have always been our hope.

For all these things, O Sovereign God, let Your name be for ever exalted and blessed.

BETWEEN ROSH HASHANAH AND YOM KIPPUR ADD: May all who are loyal to Your covenant be inscribed for a good life.

O God our Redeemer and Helper, let all who live affirm You and praise Your name in truth. Eternal God, whose nature is Goodness, we give You thanks and praise.

ON CHANUKAH ADD:

עַל הַנּפִים וְעַל הַפָּרְקּן, וְעַל הַנְּבוּרוֹת וְעַל הַהְּשׁוּעוֹת, שֶׁעָשִׂיתָ לַאֲבוֹתִינוּ וּלְאִמּוֹתִינוּ בַּיָּמִים הְּהֵם בַּוְּמֵן הַזֶּה. בִּימִי מַהִּתְיְהוּ בָּן־יוֹחָנָן כֹּהֵן נְּרוֹל, חָשְׁמוֹנַאי וּבָנְיוּ, כְּשֶׁעְמִּדְה מַלְכוּת יָנָן הָרְשָׁעָה עַל עַמְּּרְ יִשְׂרָאֵל, לְהַשְׁכִּיחָם תּוֹרְתֶךְ וּלְהַעֲבִירָם מֵחָמֵי רְצוֹנֵךְ. יִשְׂרָאֵל, לְהַשְׁכִיחָם תּוֹרְתֶךְ וּלְהַעֲבִירָם מֵחָמֵי רְצוֹנֵךְ. וְאַתָּה בְּרַחֲמֶיף הָרָבִּים עָמֵיְהְתָּ לְהֶם בְּעֵת צָּרְתָם, רְבְּתָּ עֻּתְּרִיבָם, וְנַבְּים עָמַיְהָתָ לֶהֶם בְּעֵת צָּרְתָם, רְבְּתָּ אֶת־רִיבָם, וְנְבִּים בְּיֵד מְעַטִּים, וּטְמֵאִים בְּיֵד עִבְּיִם בְּיֵד מְעַטִּים, וּטְמֵאִים בְּיֵד עִהְלְשִׁים, וְרֵבִּים בְּיִד עוֹסְקִי עִים בְּיֵד צִדִּיקִים, וְוִדִים בְּיַד עוֹסְקִי תוֹרִים, וּלְשִׁיִם בְּיֵד צַדִּיִקִים, וְזִדִים בְּיַד עוֹסְקִי תִּים בְיִד צַדִּיקִים, וְזִדִים בְּיֵד עוֹסְקִי וּיִבְּיִים בְּיִד עוֹסְקִי עִשִּית, תְּשׁוּעָה וְּדוֹלְה וּפְּרְקוֹ בְּהִיוֹם הַזָּה. וְאַחַר וְאָרִה עְשִׂיתְ תְּשׁוּעָה וְדוֹלָה וּפְּרְקוֹ בְּהַיּוֹם הַזָּה. וְאַחַר וְעִּיֹת בְּיִבּיוֹ בְּיִבְיִן בְּיִּלְן בְּהִיוֹם הַיִּיוֹם הַזָּה. וְאַחָר בְּיִבּים בְּיִרוֹלְ הְנִים בְּיִר עִשִּית בְּיִבּים בְּיִר עִיּיִים בְּיִים בְּנִי בְּיִבְּעִים, וְנִדְּים בְּיִד עוֹסְקִי

בּן בָּאוּ בָנֶיךּ לִדְבִיר בִּיתֶךּ, וּפִנּוּ אֶת־הֵיכָלֶךּ, וְטְהֲרוּ אֶת־מִקְדִּשֶׁךּ, וְהִדְלִיקוּ נֵרוֹת בְּחַצְרוֹת קָדְשֶׁךּ, וְקָבְעוּ שְׁמוֹנַת יְמֵי חֲנֻבָּה אֶלוּ, לְהוֹדוֹת וּלְהַלֵּל לְשִׁמְךּ הַגְּדוֹל.

We give thanks for the redeeming wonders and the mighty deeds by which at this season our people was saved in days of old.

In the days of the Hasmoneans, a tyrant rose up against our ancestors, determined to make them forget Your Torah, and to turn them away from obedience to Your will. But You were at their side in time of trouble. You gave them strength to struggle and to triumph, that they might serve You in freedom.

Through the power of Your spirit the weak defeated the strong, the few prevailed over the many, and the righteous were triumphant. Then Your children returned to Your house, to purify the sanctuary and to kindle its lights. And they dedicated these days to give thanks and praise to Your great name.

ON PURIM ADD:

עַל הַנְּפִים וְעַל הַפִּרְקּן, וְעַל הַנְּבוּרוֹת וְעַל הַתְּשׁוּעוֹת,
וְעַל הַמִּלְּחָמוֹת, שֶׁעָשִׂיתָ לַאֲבֹתִינוּ וּלְאִמּוֹתִינוּ בַּיָּמִים הָהֵם בַּוְּמֵן הַנְּיָה. בִּימֵי מָרְדְּכֵי וְאֶסְתֵּר בְּשׁוּשֵׁן הַבִּירָה, כְּשֶׁעָמֵד עַלִּיהֶם הָמָן הָרְשָׁע, בְּקֵשׁ לְהֲשְׁמִיד לַהַרוֹג וּלְאִבֵּד עֵלִיהֶם הָמָן הָרְשָׁע, בְּקֵשׁ לְהֲשְׁמִיד לַהַרוֹג וּלְאִבֵּד אֶת־כָּבֶל-הַיְּהוּדִים, מִנְּעַר וְעַד־זְקֵן, טַף וְנָשִׁים, בְּיוֹם אֶת־כָּלְיָה עְשָׂר לְחְׁבֶשׁ שְׁנִים־עָשָׂר, הוּא־חְבֶּשׁ אֲדָר, וּשְׁלָלָם לְבוֹז. וְאַתָּה בְּרַחֲמֶיְּךְ הָרַבִּים הַפְּרְתָּ אֵת־עַצְתוֹ וְקִלְקַלְתָּ אֵת־מַחַשַּׁבִּתּוֹ.

We give thanks for the redeeming wonders and the mighty deeds by which, at this season, our people was saved in days of old.

In the days of Esther and Mordechai, the wicked Haman arose in Persia, plotting the destruction of all the Jews. He planned to destroy them in a single day, the thirteenth of Adar, and to permit the plunder of their possessions.

But through Your great mercy his plan was thwarted, his scheme frustrated. We therefore thank and praise You, O great and gracious God!

PEACE

ברכת שלום

שׁלוֹם רָב עַל־יִשְׂרָאֵל עַמְּךְ תָּשִׂים לְעוֹלָם, פִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלוֹם. וְטוֹב בְּעִינֵיךְ לְבָרֵךְ אֶת־עַמְּךְ יִשְׂרָאֵל בְּכָל־עֵת וּבְכָל־שָׁעָה בִּשְׁלוֹמֵךְ. *בָּרוּךְ אַתָּה יְיָ, הַמְּבָרֵךְ אֶת־עַמּוֹ יִשְׂרָאֵל בַּשָּׁלוֹם.

*BETWEEN ROSH HASHANAH AND YOM KIPPUR CONCLUDE: בְּמֵפֶר חַיִּים וּבְרָכָה נִכְּתֵב לְחַיִּים טִוֹבִים וּלְשָׁלוֹם. בָּרוּך אַתָּה יִיָּ, עוֹשֵׂה הַשָּׁלוֹם.

O Sovereign Source of peace, let Israel Your people know enduring peace, for it is good in Your sight to bless Israel continually with Your peace.

* We praise You, Eternal One: You bless Israel with peace.

*BETWEEN ROSH HASHANAH AND YOM KIPPUR CONCLUDE:

Inscribe us in the Book of life, blessing, and peace. We praise You, Eternal One, the Source of peace.

SILENT PRAYER

אֶלהַי, נְצֹר לְשׁוֹנִי מֵרְע, וּשְׂפָתִי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַבְּשִׁי תִדּוֹם וְנַפְּשִׁי בֶּעָפָר לַכּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרְתֶּךְ, וּבְּשִׁי תִדּוֹם וְנַפְשִׁי בָּעָפָר לַכּל תִּהְיֶה. פְּתַח לִבִּי רְעָה, מְהֵרָה וּבְּמִצְוֹתְיךְ תִּרְדִּף נַפְשִׁי. וְכָל־הַחוֹשְׁבִים עָלֵי רְעָה, מְהֵרָה הָפֵר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם. עֲשֵׂה לְמַעַן שְׁמֶךּ, עֲשֵׂה לְמַעַן יְמִינֶך, עֲשֵׂה לְמַעַן קְּדָשְׁתֶך, עֲשֵׂה לְמַעַן תּוֹרְתֶּךּ; לְמַעַן יִחִידְיך, הוֹשִיעָה יְמִינְךְ וַעֲנֵנִי.

O God, keep my tongue from evil and my lips from deceit. Help me to be silent in the face of derision, humble in the presence of all. Open my heart to Your Torah, and I will hasten to do Your Mitzvot. Save me with Your power; in time of trouble be my answer, that those who love You may rejoice.

יִהְיוּ לְרָצוֹן אִמְרֵי־פִּי וְהֶגְּיוֹן לִבִּי לְפָנֵיף, יהוה, צוּרִי וְגֹאֲלִי.

May the words of my mouth, and the meditations of my heart, be acceptable to You, O God, my Rock and my Redeemer.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל־כָּל־ יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

O-seh sha-lom bim-ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis-ra-eil, v'im-ru: A-mein.

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel, and all the world.

Aleinu is on page 41

A MEDITATION

When we are dead, and people weep for us and grieve, let it be because we touched their lives with beauty and simplicity. Let it not be said that life was good to us, but, rather, that we were good to life.

—Jacob Philip Rudin

Days are scrolls; write on them what you want to be remembered.

—Bachya ibn Pakuda

At a House of Mourning

We are assembled with our friends in the shadow that has fallen on their home. We raise our voices together in prayer to the Source of life, asking for comfort and strength.

We need light when gloom darkens our home; to whom shall we look, if not to the Creator of light? We need fortitude and courage when pain and loss assail us; where shall we find them, if not in the thought of the One who preserves all that is good from destruction?

Who among us has not passed through trials and bereavements? Some bear fresh wounds in their hearts, and therefore feel more keenly the kinship of sorrow; Others, whose days of mourning are more remote, still recall the comfort that sympathy brought to their sorrowing hearts.

All things pass; all that lives must die. All that we prize is but lent to us, and the time comes when we must surrender it. We are travellers on the same road that leads to the same end.

MEDITATION

As in the world around us, so too in human life: darkness is followed by light, and sorrow by consolation. Life and death are twins; grief and hope walk hand in hand. Although we cannot know what lies beyond the body's death, we put our trust in the undying Spirit that calls us into life and abides to all eternity.

Eternal God of the spirits of all flesh, You are close to the hearts of the sorrowing, to strengthen and console them with the warmth of Your love, and with the assurance that the human spirit is enduring and indestructible. Even as we pray for perfect peace for those whose lives have ended, so do we ask You to give comfort and courage to the living.

May the knowledge of Your nearness be our strength, O God, for You are with us at all times: in joy and sorrow, in light and darkness, in life and death.

אָנָא, יְיָ, הָרוֹפֵּא לִשְׁבוּרֵי לֵב וּמְחַבֵּשׁ לְעַצְּבוֹתָם, שַׁלֵּם נְחוּמִים לָאֲבִלִים. חַוְּקֵם וְאַמְצם בְּיוֹם אֶבְלָם וִיגוֹנָם, וְזְכְרֵם לְחַיִּים טוֹבִים וַאֲרֻכִּים.

תֵּן בְּלִבְּם יִרְאָתְרּ וְאַהֲבָתְרּ לְעָבְרְּרָּ בְּלֵבָב שָׁלִם. וֹתְהִי אַחֲרִיתָם שָׁלוֹם. אָמֵן.

O God, Healer of the broken-hearted and Binder of their wounds, grant consolation to those who mourn. Give them strength and courage in the time of their grief, and restore to them a sense of life's goodness.

Fill them with reverence and love, that they may serve You with a whole heart, and let them soon know peace. Amen.

Psalm 23

מִזְמוֹר לְדָּוִד.

יהוה רֹעִי, לֹא אֶהְסָר. בּנְאִוֹת דֵּשֶׁא יַרְבִּיצְנִי,

עַל־מֵי מְנָחוֹת יְנַהֲבֹנִי. נַפְשִׁי יְשׁוֹבֵב,

יַנְחֵנִי בְמַעְנְּלֵי־צֶּדֶק לְמַעַן שְׁמוֹ.

נִּם כִּי־אֵלֵך בְּגִיא צַלְמֶנֶת לֹא־אִירָא רָע,

כִּי־אַתָּה עַפְּדִי: שִׁבְּטְך וּמִשְׁעַנְתֶּךְ, הַפְּה יְנַחֲמֻנִי.

תַּעֲרֹךְ לְפָנֵי שֻׁלְחָן נֵגֶד צֹרְרָי,

הַשְׁנִתָּ בַשֶּׁמֶן רֹאשִׁי, כּוֹסִי רְוָיָה.

אַך טוֹב וָחֶסֶד יִרְדְּפְוּנִי כָּל־יְמֵי חַיָּי וְשַׁבְּתִּי בְּבִית־יהוה לְאִׂרֵךְ יָמִים.

A Song of David.

Eternal One, You are my shepherd, I shall not want. You make me lie down in green pastures, You lead me beside still waters. You restore my soul; You guide me in paths of righteousness for Your name's sake. Even when I walk through the valley of the shadow of death, I will fear no evil, for You are with me; with rod and staff You comfort me. You prepare a table before me in the presence of my enemies; You have anointed my head with oil; my cup is overflowing. Surely, goodness and mercy shall follow me all the days of my life, and I shall dwell in Your house for ever.

*** ***

At this hour, especially, the blessed presence of family and friends brings us comfort and strength. It says to us: "Be sure that love, the spring of life, abides."

May all who mourn take heart, as they remember the goodness they have given and received. And when the days of their mourning are ended, may the memory of their loved ones come to be a benediction.

בָּרוּך אַתָּה וְיָ, מְחַיֵּה הַכּל.

Ba-ruch a-ta Adonai, m'cha-yei ha-kol.

Praised be the Eternal Source of life.

All rise

אֵל מָלֵא רַחֲמִים, שׁוֹכֵן בַּמְּרוֹמִים, הַמְצֵא מְנוּחָה נְכּוֹנָה תַּחַת בַּנְפֵּי הַשְּׁכִינָה עם קְדוֹשִים וּטְהוֹרִים כְּזְהַר הָרְקִיע מִזְהִירִים אֶת נִשְׁמַת . . . שֶׁהָלַך לְעוֹלָמוֹ (שֶׁהְלְּכָה לְעוֹלָמָה). בַּעַל הָרַחֲמִים יַסְתִּירֵהוּ (יַסְתִּירֶה) בְּסֵהֶר כְּנְפִיו לְעוֹלָמִים. וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת־ נִשְׁמָתוֹ (נִשְׁמָתָה). יְיָ הוּא נַחֲלָתוֹ (נַחֲלָתָה) וְיָנְוֹּחַ (וְתַנִּוּחַ) בִּשָּׁלוֹם עַל מִשְׁכָּבוֹ (מִשְׁכָּבָה), וְנֹאמַר: אָמֵן.

God full of compassion, You dwell in the heights and in the depths: grant perfect rest under the wings of Your Presence to... our loved one who has entered eternity. Let her/him find refuge for ever in the shadow of Your wings, and let her/his soul be bound up in the bond of eternal life; for You, the Everlasting God, are her/his inheritance. May she/he rest in peace, and let us say: Amen.

All rise

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּל, לְתֵת גְּדֻלְּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא עָשְׂנוּ כְּגוֹיֵי הָאֲרָצוֹת, וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאַדָמָה; שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם, וְגוֹרָלֵנוּ כְּכָל־הֲמוֹנָם.

> ואָנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לְפְנֵי מֶלֶךְ מַלְבֵי הַמְּלָכִים, הַקָּרוֹש בָּרוּךְ הוּא.

A-lei-nu l'sha-bei-ach la-a-don ha-kol, la-teit g'du-la l'yo-tzeir b'rei-shit, sheh-lo a-sa-nu k'go-yei ha-a-ra-tzot, v'lo sa-ma-nu k'mish-p'choht ha-a-da-ma; sheh-lo sam chel-kei-nu ka-hem, v'go-ra-lei-nu k'chol ha-mo-nam.

Va-a-nach-nu kor-im u-mish-ta-cha-vim u-mo-dim lif-nei meh-lech mal-chei ha-m'la-chim, ha-ka-dosh ba-ruch hu.

[°]We praise the One who gave us life. In our rejoicing You are God; You are God in our grief. In anguish and deliverance alike, we praise; in darkness and light we affirm our faith. Therefore we bow our heads in reverence before the Eternal God of life, the Holy One, the Blessed One.

Eternal God, we face the morrow with hope made stronger by the vision of Your deliverance, a world where poverty and war are banished, where injustice and hate are gone.

ALEINU

Teach us more and more to respond to the pain of others, to heed Your call for justice, to pursue the blessing of peace. And grant us wisdom and strength, O God, that we may bring nearer the day when all the world shall be one.

On that day the age-old hope shall come true. On that day, O God, You shall be One and Your name shall be One.

וְנָאֶמֵר: ״וְהָיָה יהוה לְמֶלֶךְ עַל־כָּל־הָאָרֶץ; בַּיּוֹם הַהוּא יִהְיֶה יהוה אֶחָר וּשְׁמוֹ אֶחָר.״

V'neh-eh-mar: "V'ha-ya Adonai I'meh-lech al kol ha-a-retz; ba-yom ha-hu yi-h'yeh Adonai eh-chad, u-sh'mo eh-chad!"

And it has been said: "The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One."

Before the Kaddish

HEN CHERISHED TIES are broken, and the chain of love is shattered, only trust and the strength of faith can lighten the heaviness of the heart. At times, the pain of separation seems more than we can bear; but love and understanding can help us pass through the darkness toward the light.

Out of affliction the Psalmist learned the law of God. And in truth, grief is a great teacher, when it sends us back to serve and bless the living. We learn how to counsel and comfort those who, like ourselves, are bowed with sorrow. We learn when to keep silence in their presence, and when a word will assure them of our love and concern.

Thus, even when they are gone, the departed are with us, moving us to live as, in their higher moments, they themselves wished to live. We remember them now; they live in our hearts; they are an abiding blessing.

Mourner's Kaddish קדיש יתום

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא בְּעָלְמָא דִי־בְרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִוְמַן קָרִיב, וְאִמְרוּ: אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba b'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei b'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u-viz-man ka-riv, v'im-ru: A-mein.

יָהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיּא.

Y'hei sh'mei ra-ba m'va-rach l'a-lam u-l'al-mei al-ma-ya.

MOURNER'S KADDISH

יִתְבָּרֵךְ וְיִשְׁתַבַּח, וְיִתְבָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא, וְיִתְהַדַּר ויִתִעֵלֵה וְיִתְהַלֵּל שְׁמֵה דְּקוּדְשָׁא, בְּרִיךְ הוּא,

Yit-ba-rach v'yish-ta-bach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei, v'yit-ha-dar, v'yit-a-leh, v'yit-ha-lal sh'mei d'kud'sha, b'rich hu,

לְעֵלָא מִן־כָּל־בִּרְכָתָא וְשִׁירָתָא, הֻשִׁבְּחָתָא וְנֵחֲמֶתָא דַאַמִירָן בְּעָלְמָא, וְאִמְרוּ: אָמֵן.

L'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'neh-cheh-ma-ta da-a-mi-ran b'al-ma, v'im-ru: A-mein.

יְהֵא שְׁלָמָא רַבָּא מִן־שְׁמֵיָּא וְחַיִּים עָלֵינוּ וְעַל־כָּל־ יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן.

Y'hei sh'la-ma ra-ba min sh'ma-ya v'cha-yim, a-lei-nu v'al kol Yis-ra-eil, v'im-ru: A-mein.

עשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל־כָּל־ יִשִׂרָאֵל, וִאִמְרוּ: אָמֵן.

O-seh sha-lom bim-ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis-ra-eil, v'im-ru: A-mein.

Let the glory of God be extolled, and God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's great name be blessed for ever and ever.

Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor, and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and all the world, and let us say: Amen.

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved. Amen.